

Have You Ever Bought the Morning-After Pill? Or How to Practice Reproductive Justice Activism

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I am handing the pills in 1h to someone
who can take them to Poland.

How do you usually send
the package? In an envelope?

Yes, it's her who could bring
the package to Berlin.

Now we are discussing how
to distribute them in a safe way.

It's a very small package, 19 pills,
I can show you a picture later.

They both prefer to have the
pills delivered by car.

I need your name and your surname
(can be fake if you prefer).

I am thinking of using
a shoe box.

If they cannot organize some people,
then we can ask your friend.

I'm unsure if they open these packages to investigate them,
but maybe you can put something on top...

Thank you very much!
The package was extra secure!

I just sent it today—and for now, there's only 5 in this package, in
case the package has a hard landing in customs or something :D

How to Exercise Collective Disobedience?

Go to your nearest pharmacy and buy morning-after pills. You can find a variety of brands such as EllaOne, Postinor, Escapelle, Lavonelle, and PiDaNa, as well as a range of prices starting from 18 € to 35 €. Some of them contain levonorgestrel or ulipristal acetate. Their effectiveness depends on the timing within the menstrual cycle, so don't be surprised if a pharmacist asks about your last period. Choose one within your budget, and those who receive your donation will take care of the rest. Next time you go on holiday, consider choosing a destination with limited access to emergency contraception.



Contraception Policy Atlas Europe
https://epfweb.org/sites/default/files/2024-02/CCInfoEU_A3_EN_2024_FEB12_0.pdf

Bring the pills with you to share them with friends who live there, or try contacting local activists or feminist organizations. Deliver the pills in person, or if necessary, explore secure shipping options, like parcel boxes where you don't need to include the personal data of the receiver.

You Can't Do That? Support these Groups Instead:



Ciocia Basia
<https://gofund.me/f89b98ba>



Doctors for Choice Germany
<https://doctorsforchoice.de/en/contact/donation/>



Patent (Hungary)
<https://support.patent.org.hu/en>



Doctors for Choice Malta
<https://www.doctorsforchoice.mt/donate>



Women Help Women
<https://womenhelp.org/en/page/359/4-reasons-why-your-donation-really-matters>



Martynka
https://linktr.ee/martynka_donate



Read more about exercising collective disobedience
<http://libraryofcollectivedisobedience.com/>

I have received the package,
everything went smoothly.